

The Trinity

Preview Sheet

Ministry Formation 2023

Before the session, read the following paragraphs from the Catechism of the Catholic Church [232-267](#)

Reflect on the following questions:

- What does it mean to say the Trinity is a “mystery?”
- How do you relate to each Person of the Holy Trinity (Father, Son, & Holy Spirit)?
- What is one thing you would like to gain from this session on the Trinity?

Suggested but not required reading: First Comes Love: Finding Your Family in the Church and the Trinity by Dr. Scott Haha